



**Seamless Reiki** is designed to support those interested and committed to learning Reiki over the course of ONE year. Each level is spread out over the year with Reiki circles, discussions groups and practice sessions are offered/encouraged to support the trainings in between. **Seamless Reiki** creates a supportive community of other Reiki students and practitioners to share, foster and grow the Reiki experience. This class is not just for those looking to offer Reiki in a healing environment. You will see the benefit of Reiki in every aspect of Life.

- Small class sizes, 3-8 people
- Tradition of Usui Reiki with the evolution of Holy Fire (Usui Holy Fire designation)
- Self-care practices: self-treatment, Qigong exercises, meditations
- Community: Reiki Circles, practice sessions, discussion groups
- Monthly payment option available
- 2 Reiki/Mentor Sessions with Master/Teacher, Beth Blair

Come experience, learn and share this “gentle art of inviting happiness.” Steeped in the rich tradition of Master Usui, Seamless Reiki is taught with the evolution of Holy Fire. Reiki is never stagnant and supports our changing times. Bring the Holy Fire of Reiki to your home, work or community environments with Love and healing. Reiki is not just for the “healers” at heart, it is for Every Heart.

**Calendar of Classes and Circles:**

Month 1 – Reiki One (First Class January 20,2018)

Month 2 – Reiki Two

Month 6 – Advanced Reiki Techniques

Month 11 – Reiki Master

Every 2<sup>nd</sup> Tuesday of the Month – Reiki Circle

3 scheduled TBD – Discussion meetings

2 private Mentor/Reiki Sessions with Beth (scheduled individually)

(Contact Beth for 2018 Class Dates)

Class sizes are between 3-8 students to allow for individual attention and practice time. The Reiki Circles bring the students into the Reiki community to share varied styles, training levels and energy. Those curious about Reiki are also invited to the Reiki Circles, so bring a friend to a Circle.

The cost of Seamless Reiki is \$1,380. Payments may be budgeted over 12 easy automatic payments of \$115/month. Non-Refundable Deposit of \$50 is due with Registration and payment plan agreement.

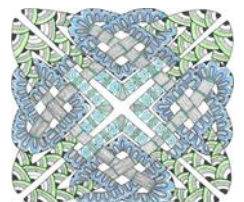


Beth Blair, BCTMB, NC LMFT, Usui Holy Fire II Master/Teacher, Karuna Holy Fire Master/Teacher, Celtic Reiki Realm Master, Somatic and Wellness Coach and Tai Chi/QiGong Instructor. Beth has committed herself to more than 15 years of study and education of Energy Therapies, Reiki and movement practices for wellness. Everything IS Energy. Beth shares herself from this basic principle and her Master knowledge through her teaching, sessions, mentorship, and friendship with her students, clients, colleagues and every person she encounters.

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*Seamless = Somatic, Energy Awareness, Meaningful Living, Engaging Senses and Spirit*